

### Your privacy

We are committed to protecting your personal information and right to privacy. Any personal information we collect will only be used for the purposes for which it has been collected. We will only disclose personal information to a third party when it is required by law, other regulations or with your approval.



## Language Link

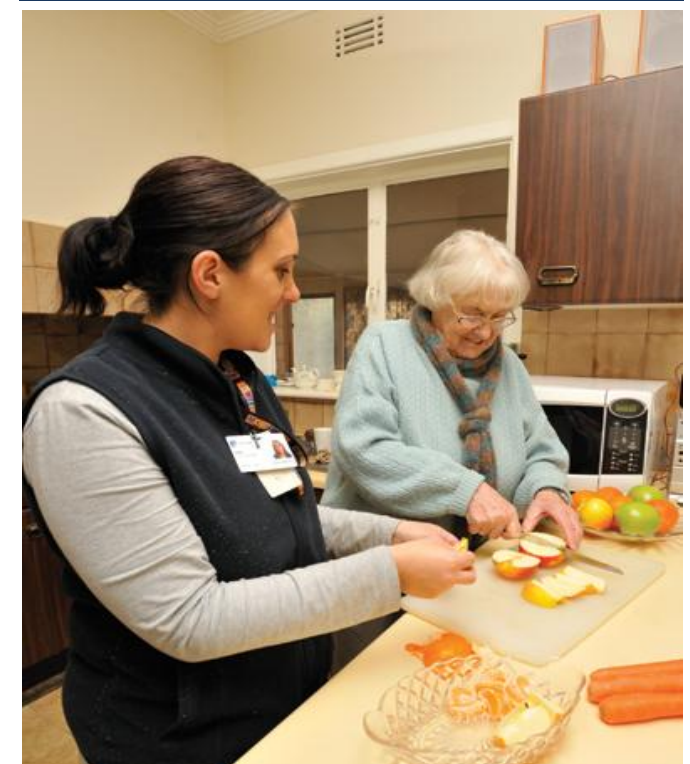
|                            |                  |
|----------------------------|------------------|
| 中文                         | 9280 1910        |
| Italiano                   | 9280 1911        |
| Ελληνικά                   | 9280 1912        |
| العربية                    | 9280 1913        |
| Türkçe                     | 9280 1914        |
| Việt Ngữ                   | 9280 1915        |
| Español                    | 9280 1916        |
| Hrvatski                   | 9280 1917        |
| हिन्दी                     | 9280 1918        |
| <b>All other languages</b> | <b>9280 1919</b> |

Including: **فارسی, Bosanski, 廣東話, Kurdi, Македонски, Српски, Malti, Somali, Tetum**

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# Aged and Disability Support Services



**Phone:** (03) 9240 2302  
**Email:** [homecare@moreland.vic.gov.au](mailto:homecare@moreland.vic.gov.au)  
**Website:** [moreland.vic.gov.au](http://moreland.vic.gov.au)

Moreland City Council provides a range of services to support older people, people with a disability and carers to stay independent and living at home and active in their community.



### **Household Support**

Practical support can be provided to work with you to keep your house clean and safe. Depending on what you are able to do for yourself, support workers may be able to assist with tasks such as vacuuming, mopping, changing bed linen and cleaning the bathroom.

Basic maintenance of your home to make it easier and safer to get around can also be provided. Tasks include replacing light globes, tap washers and smoke detector batteries as well as installing hand rails and fittings.

### **Personal Support**

Personal Support Workers can assist with personal hygiene routines such as showering and dressing and other non-nursing tasks.

Respite support provides individuals and/or carers with a break from their role in caring for someone else. Respite can be provided in the home or in the community.



### **Eating Well**

Council provides support to residents who are finding it difficult to shop for and prepare food. A three course meal with juice can be delivered hot and ready to eat five days a week with additional cold meals delivered for weekends. There is a large menu to choose from and special dietary requirements are catered for.

### **In the Community**

The Community Transport service can assist you to get from your door to medical appointments, shopping and some social activities in a small bus. The service is limited and by appointment only.

There are many social and senior clubs and activities in Moreland. Contact 9240 2302 to find out more.



To discuss these services and to find out if you are eligible, please contact the office on 9240 2302. A qualified assessment officer may then visit your home and can also suggest other services that might suit your needs.